

STRATFORD PUBLIC SCHOOL

A proud member of the Bucketts Way Community of Schools



Term 3, Week 8, 2022

Last week we welcomed our newly married "Mrs Skelton" to Stratford Public School. Congratulations on the start of your new life together with Mr Skelton!

I am extremely proud of every student for their behaviour, manners and respect that they have shown while representing our school last week at the Coffs Harbour Adventure Centre and Oakvale Farm. Thank you to Mrs Skelton for accompanying the students and surviving the 3 day camp. The feedback from both excursions was very positive and the smiles on the students faces said it all.



We are extremely lucky at SPS to have such wonderful support staff. From working with students, answering phones, trouble shooting technology issues, applying ice packs and bandaids, to keeping our 5 acres looking amazing, our SAS Staff make SPS such a positive place to work and learn.

THANK YOU!!!

CALENDAR:

Term 3

- Week 9 - 13/9 - Indigenous Games @ Stroud Road PS
- Week 10 - Friday - Meal Deal
- End of Term 3 assembly - 2.15pm

Term 4

- Week 2 - 19/10 - P & C Meeting - 3 - 4pm

R U OK? Day

This is our national day of action when we remind Australians that every day is the day to ask, 'are you OK?' and start a meaningful conversation whenever they spot the signs that someone they care about might be struggling with life.

Students and staff wore yellow and learnt about how to check in on ourselves and others by following 4 easy steps - Ask, Listen, Encourage action and Check in.



1. Ask



2. Listen



3. Encourage action



4. Check in

R U OK? DAY™
8 September 2022

We have lots of activities happening in the next few weeks - please keep an eye on messages and announcements through Seesaw.

Infants: Liam P

Primary: Cooper W

Birthday Celebrations:

No birthdays this fortnight.

Thank you to the generous support of our P & C who have kindly donated \$1000 towards the continuation of our Music program this term. The students are really engaged in the lessons and will benefit even further from this contribution.

P & C Update

Congratulations to Paul W on his appointment as second Vice President. The office bearers are:

President: Keira R

Vice President: Matt P and Paul W

Secretary: Kristy P

Treasurer: Miriam W



Our next P & C meeting will be held in the Library at 3pm on Wednesday 19 October 2022. Everyone is welcome to attend.

Thank you

SASS Recognition Week

Our SAS staff play an important role in our school community. They are often the first people who meet you when you enter our school and are essential to maintaining positive relationships with students, parents and the community.

We would like to acknowledge and thank all of our SAS staff, Mrs Hawkins, Mrs Partridge, Mrs Moore and Ms Grady, for their commitment and dedication to our school, the valuable work they perform and their contribution to support great teaching and learning outcomes at our school.

Sincerely,

Amber Skelton
Classroom Teacher

Pauline Smith
Principal (Relieving)



Facebook

We love sharing our achievements, events and what has been happening around the school via multiple platforms including our newsletter and facebook page.

Please like our Facebook page and get notifications of all our exciting learning!

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight



=

4 weeks



=

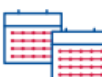
Over **1** year missed

1 day per week



=

8 weeks



=

Over **2.5** years missed

education.nsw.gov.au

Pauline Smith, Relieving Principal

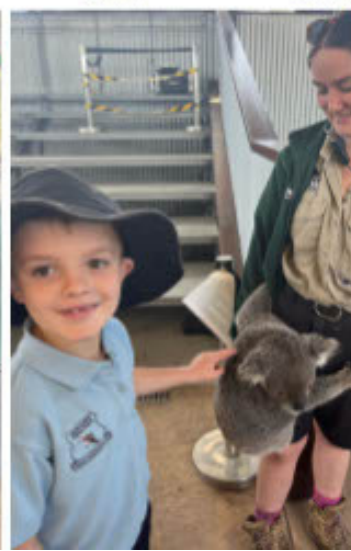
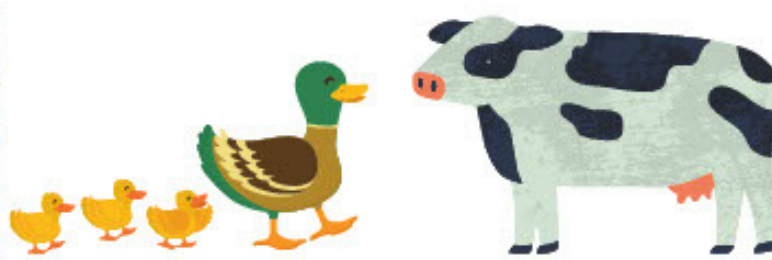


COFFS HARBOUR ADVENTURE CAMP!





OAKVALE FARM!



A new season of swim club is starting very soon!!



We welcome back all new and existing swimmers and their families on Thursday 13th October 2022, 6pm @ Gloucester pool complex

All swimming abilities are welcome!

This year we celebrate *60 years* of Gloucester Thunderbolts Swim Club! So come and celebrate with us.

For more information about the club and our club nights go to our website:

<https://www.gloucesterthunderboltsswimmingclub.com.au/>

Or

Follow us on Facebook:

[GloucesterThunderboltsSwimmingClub](#)

Registrations are open in Swim Central from 5th September 2022 (<https://authcrm2.swimming.org.au/>)

Please contact gloucesterthunderboltsswimclub@outlook.com for all enquiries

Screen-time vs green-time

Most of us own devices such as smart phones and some also own wearable technologies such as smart watches. Technology is part of our daily life, but we need to ensure it does not 'become our life'.

An Australian Communications and Media Authority report into how Australian children are using mobile phones advised that in 2020:

46% of 6-13 year olds have or use a mobile phone

71% have used the phone to play games

79% of the children that own a phone have used it to send a text message

It is timely reminder that we need to work with our family to set screen-time limits. Each family is unique and coming up with a right amount of screen time can depend on the age of your child, the content they see or hear, their learning needs and your family circumstances. It is a balancing act.

Too much online time can have negative consequences on the mental health of your child. If you notice signs of tiredness, not doing well at school or changes in eating patterns, it may be time to have an open conversation to help them balance screen time with green time.

